

Issue 2 Imbolc 2010

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Letter from the President

Dearest Sisters and Friends,

For many of us, the past month since Yule has been a time of deep reflection, often in a somber mood, accompanied by physical problems of one sort or another, as well as feelings of lassitude and dullness. I experienced it myself, and heard similar stories from many of my OWM sisters. At Yule, those of us who follow the Goddess path celebrate the rebirth of the Light. The strong ties many of us feel to the Wheel of the Year means that we live in and with and through Her cycles. We LOVE the days of joy, passion, energy and productivity, but also know that Her cycle includes days that require inner questing, the cleansing out of our mental and physical blocks and obstacles, recognition of pain and grief we have not allowed ourselves to express, and days of quiescent blankness, so that all we have learned may center and take root within us. This is normal. This is a natural part of Her cycle. Each of us, as we grow in wisdom and knowledge, knows that the Circle will turn, and, once again, we will feel reawakened joy, energy and happiness in our present work and in our dreams for the future. The key to surviving the "dark days" is to share with our sisters, endure, sit still and meditate on what we are feeling and what it might mean, and keep in mind always that Her endless cycles will, like Her Moon, turn our face toward joy and vitality very soon, again. This time of Imbolc is a celebration of our beloved Brighid, and her fires of early creation and healing, the beginning throb of life in the roots of our green relations, and the ever-lengthening light of our days. We now turn, with greater energy and pleasure, to new projects and new

ideas with renewed vigor. May your work feel more joyous and more fulfilling as each day passes.

Blessings to all.....

HP Kerritwyn

[The Sacred Three Goddess School](#)

[The Order of the Rainbow Moon](#)

HP Kerritwyn offers OWM teachings to women in [The Sacred Three Goddess School](#), and to male-to-female transgendered seekers in the [Order of the Rainbow Moon](#). She was elected by her sister HPs on July 23, 2009 to be the President of the Board of Directors and the Spiritual Head of the Order of the White Moon.

Ostara

This Holy Day is known by many different names: the Vernal (Spring) Equinox, Oestre, Alban Eilir, Festival of Trees and Lady Day.

The name is likely derived from the Teutonic Lunar Goddess, Oestre. Her symbols include the hare and egg. Rabbits have long been associated with fertility and abundance. Our Ancestors perceived an image of a rabbit in the Full Moon. Perhaps you can seek Her out when next the Moon is full.

The Egg has long been a symbol of the Goddess, from the Great Cosmic Egg of Creation, to the Omphalos (the Navel of the World). The golden yolk may be likened to the Sun, embraced by the white shell that is the Goddess.

Our pagan ancestors would gather colored eggs from different birds' nests to be used as talismans, ritual foods or as offerings on an altar. It may also be possible that the concept of Easter baskets may initially have begun as an imitation of woven bird's nest. We continue the tradition by decorating pastel colored eggs, nestling them within woven baskets.

Ostara is a time of balance, as night and day are of equal length. This is an excellent time to look within and determine what is out of balance within your own life. Do you find too much or too little of something in your life? How can you transform situations to bring about a more balanced perspective? What would you like to nurture and grow, what would you like to release, transform?

We also celebrate the return of the life force, new beginnings and renewal in our lives. Ostara offers a wonderful opportunity to reconsecrate ritual tools, fashion a new broom or staff, and replenish magickal supplies.

As the Earth awakens into verdant splendor, so too can we begin to make manifest our own splendor, our hopes and dreams, our aspirations can now come into fruition. Rituals revolving around growth and abundance, relationships, communication, or fertility are all ideal at this time.

Spring cleaning is another ritual many of us seem drawn to at this time. Activities such as opening up our homes to allow the fresh air to flow through, clearing out

stale or negative energies or reducing clutter seem so natural and appropriate now. Approach Spring cleaning with a positive frame of mind and intent. As you clean, use clockwise, circular motions, inviting abundance, joy, and renewal into your home.

Other activities include sorting seeds, preparing gardens, or simply spending time in Nature. Enjoy a walk in the park, or visit an arboretum and reflect on the great bounty offered by Mother Earth.

© Ajna DreamsAwake, January 2010

Ajna DreamsAwake is an Adept of [The Sacred Three Goddess School](#). She is an eclectic Pagan, rediscovering Her Visionary Goddess Gifts.

End of Winter Meal Blessing

*The winter has come to an end
The stores of food are dwindling,
And yet we eat, and stay warm
In the chilled winter months.
We are grateful for our good fortune,
And for the food before us.*

© Phenix

Phenix is a Level I student with the [Sisters of the Rising Moon](#). The daughter of a long line of witches, she draws inspiration from her ancestors while striving to learn more about her gifts and personal path.

Early Spring Cleaning Ritual

First, do a complete physical cleaning of your house. Put on some music and thoroughly clean every room. Strip sheets off the beds, turn the mattresses, dust every surface, and vacuum every floor. Sort through those piles of paper on your desk, and get rid of things you don't need to keep, file everything else. Gather up the kids' toys and put them in baskets for easy storage. If you need to get rid of things, do it now, set aside a box for charity and put gently used items in it. Set aside another box for trash, and see if you can fill it up.

Once your house is clean, and this assumes you did the kitchen as well, it's time to have some fun. Call up some friends and invite them over for a potluck. Cook up some Imbolc-themed comfort foods, such as Braided Bread or Beer Battered Fish & Chips, and have a small potluck celebration. Ask each guest to bring a small token to bless your house, pebbles, shells, interesting bits of wood, beads, etc...

You'll also need the following:

A bowl of water

Some sea salt

A smudging bundle of sage or sweetgrass

A blue candle

Some Blessing Oil

A bowl or bag

Begin at the front door, it is, after all, where you welcome guests into your home, and go through the house in a sunwise direction (clockwise). Ask your guests to help you by smudging the perimeter of each room with the salt, sage, candle flame and water.

You may wish to say some sort of incantation as they do this, something like:

*With the purifying power of water,
with the clean breath of air,
with the passionate heat of fire,
with the grounding energy of earth
we cleanse this space.*

As you pass from room to room, anoint each door and windowsill with the Blessing Oil by tracing the shape of a pentagram or other symbol of your tradition. This prevents anything negative from crossing into the home. If you like, you can offer a small incantation as you do this, something like:

*May the goddess bless this home,
making it sacred and pure,
so that nothing but love and joy
shall enter through this door.*

Finally, once you've gone through the house, ask each of your guests to deposit their blessing token in your bowl or bag. Keep it in a place of honor in your home, on the mantel or in your kitchen is a good idea. Gather around

the dinner table, break out the goodies, and enjoy a feast with your friends and family.

Tips:

If you don't have Blessing Oil, you can use rosemary oil instead. Make your own by infusing fresh rosemary in grapeseed or flaxseed oil.

What You Need:

Some sea salt

Smudging material such as sage or sweetgrass

A blue candle, for purification

A bowl of water

An empty bowl or bag to collect the tokens

Blessing Oil

© Phenix

Phenix is a Level I student with the [Sisters of the Rising Moon](#). The daughter of a long line of witches, she draws inspiration from her ancestors while striving to learn more about her gifts and personal path.

Celebrating Imbolc

Brigid is well known as the Goddess of Imbolc. She is the Goddess of creativity, purification and healing. Using these three concepts, this is how I am choosing to celebrate Imbolc. Most people who celebrate the

turning of the wheel only celebrate on one day. Because of my busy schedule, I usually celebrate on 2 or 3 days. Day 1 is preparation and cleansing of my home. Day 2 is usually dinner for my family and play time with crafts. Day 3 is ritual night.

Day 1, Jan. 31: Preparation and Cleansing

Preparation consists of cleaning my fireplace and the great room, where I will be having ritual. During this time, I light incense and hold intentions of stepping out of my cave. As I clean my fireplace, I thank Mother for keeping me warm this Winter. As I clean my great room and clear my altar, I give thanks that the sun is coming back. I thank Mother Earth for the gift of rebirth. Then I smudge my entire house. (My family usually sputters at this time, but they just raise the windows and shake their heads at me. They get over it. LOL) As I smudge, I clear out old, stagnant energies with cedar and white sage, and I welcome the new with sweetgrass and dried lavender.

Day 2, Feb. 1: Dinner and Crafts

This afternoon, I make a simple dinner that includes a variety of greens, veggies and nice, thick bread. I usually prepare a soup, but sometimes I make a veggie dinner. Then I take a small bowl of milk outside as an offering to the Goddess. After we eat, I go into the great room, light a candle and incense, and start crafting. Craft time includes either working on a crocheted afghan, quilting, or sewing a "purse" to hold runes or stones. As I work, I ask Goddess to bless my piece that I am working on at this time, and I also ask Her blessings on my creative endeavors for the year.

Day 3, Feb. 2: Ritual

On Feb. 2, I like to take a mini nature walk in my yard and look for evidence of Spring. I look for tender shoots and fresh dandelion leaves. I spend a little time outside with the squirrels and the birds, filling up the feeders with their favorite foods. Ritual night is a very special time. I take out all of my candles that I would like to dedicate, and I place them on my altar. I also take out the entire packet of seeds that I am going to plant this year and lay them next to my candles. After setting up my altar, I take a ritual bath, cleansing myself of all physical, emotional and spiritual "dirt"... all of the events and situations that don't belong to me go into the water and down the drain.

The following is an example of the ritual I will be doing on the night of Imbolc:

Ritual tools:

Smudge tools

Incense

Candles for dedicating and ritual candles (1 white and 1 red)

Piece of Ribbon

Seeds

Smudge ritual space, light incense and light white candle for Goddess. Light the Red candle from the Goddess Candle. The red candle represents the gifts and energies of Brigid. Call the directions, inviting Goddess, guides, ancestors and animal spirits to join in ritual. Thank Brigid for Her gift of fire and dedicate candles to Her service. Thank Mother for Her gift of creativity, and ask blessings on the crafts that I worked on the night before...as well as on the creative projects that I

work on this year. Thank Her for Her gift of healing, and bless the herb seeds that will germinate and bring food and medicine to my home. Take the ribbon in my hand, hold it out and offer it to Mother to bless with healing energies. Give thanks... to Goddess, to all of my guides, ancestors and animal spirits, to the directions... and open the circle.

Ground. Take the ribbon outside and tie it to my front door knob... leaving it for Brigid to touch with Her healing fingers. :) Bring the ribbon inside the next morning and place in my healing bowl.

© Danu GrayWolf, January 2010

Danu GrayWolf is a High Priestess of [Order of the White Moon](#) through Sisters in Celebration. She works with Reiki, Animal Medicine, and emotional wellness, and shows love and honor to Goddess through art and healing.

Pulling The Weeds Of Life

The weeds have been overpowering my garden this winter. I had planned on going to my garden every day during our December break when I was off work, to weed and try to keep ahead of things so I could do some new planting in the spring. Well, the best laid plans of mice and women... My van's transmission died on Christmas Eve, and I didn't have a working vehicle until after we went back to work. Needless to say, when I finally got to my garden, I could hardly find it for the weeds, I actually had trouble opening the gate, there were so many around it. As for the rest

of my plot, well, I'll probably spend the entire spring season trying to get rid of all the weeds. An hour's work barely made a dent in them.

This is very similar to what happens in our lives when we don't take care of problems and potential problems in a timely manner. Maybe they're just little things now (like a weed all by itself is a little thing), and we think to ourselves, Oh, I don't need to deal with this RIGHT NOW, I can wait until I feel more like doing it, or until it's closer to the deadline, or until... You get the idea. But a life full of many little things that need doing is just as difficult to clean up as a garden full of weeds, and it takes MUCH longer than if we take care of each problem as it appears. And like weeds, problems GROW if left unattended, and soon they aren't little anymore. So start this new year right - grab your mental hoe and your problem-solving gloves, and take care of the little things NOW, before you have a garden of them to deal with.

*"Dear Goddess, help me remember
to pull the little weeds in life before
they become big ones."*

© BellaDonna Oya, January 2010

BellaDonna Oya lives in Hayward, CA, where she runs a small eclectic coven. She is a Level II Adept of [The Sacred Three Goddess School](#).

Mount Gulaga, Australia

"We never profess to own the land, but the land owns us. "

For more than 200 years, it was known as Mount Dromedary. "Discovered" and so named by Captain Cook in 1770, as the twin summits reminded him of the humps of a camel. However, long before European settlers arrived, those peaks were known as the breasts of the Mother and She was named Gulaga.

She is the birthplace of the Yuin, an indigenous people living in the South Western Coast of Australia, the place where all things begin. The high peaks dominate the landscape and one can readily see the importance this mountain plays in local culture. Although men and women have their own separate knowledge of the mountain, including different songs and myths relating to their gender, Gulaga is known primarily as a woman's mountain.

Gulaga plays an integral part of women's Dreaming. Gulaga is a place where knowledge is gained, where healing can be found. Local women relate to Gulaga as a sacred mountain because the Creative Beings were there in the past and because they are there still. To engage with the mountain is to engage with spirit . She is an important stopping point among the Dreaming tracks of coastal Australia. These ancient paths that have been in use for 10,000 years, allowing individuals to traverse vast distances to collect foods and medicines, perform ceremonies or to engage in trade.

Dreamtime and the Dreaming can be difficult concepts for many of us to grasp. The Dreamtime contains many parts: It is the story of things that have happened, how the universe came to be, how human beings were created. The Dreaming is a way to keep the past alive and vital through song, dance, storytelling and sacred ceremonies. The Dreaming tracks were the paths the Ancestor Spirits walked when

they first arrived upon the Earth and where their Essence remains in the form of rivers and mountains, petroglyphs or rock formations etc...

The Dreamtime Story of A Mother and Her Two Sons

In the Dreamtime, Gulaga had two sons, Najanuga (Little Dromedary) and Barunguba (Montague Island). One day they asked if they could go on an adventure out into the sea. Gulaga agreed that Barunguba could go because he was the oldest but Najanuga, who was too young, stayed near the water's edge close to his mother's side, and that's where they remain to this day. The myth tells how Barunguba ventured too far and became separated from his Mother, unable to return. But Najanuga, who is joined to his mother through an umbilical cord that runs under the ocean, remains connected to her. Dolphins are said to swim this tunnel that connects Mother and Son.

While hiking Gulaga, one comes across a series of granite tors. These natural rock formations form part of the dreaming of the Yuin people. The tors are used to educate children, their shapes illustrating different aspects of growth and development. Other tors represent animal totems, and yet others are devoted to women's business. On 6 May 2006, Gulaga and Biamanga National Parks were handed back to the Yuin people by the New South Wales Government. Through conscious management, this sacred site can receive the respect it deserves as the loving embodiment of the Mother.

<http://aboriginalart.com.au/>

<http://www.eurobodalla.com.au/indigenous.html>

http://en.wikipedia.org/wiki/Mount_Gulaga

<http://www.crystalinks.com/dreamtime.html>

© Ajna DreamsAwake, January 2010

Ajna DreamsAwake is an Adept of [The Sacred Three Goddess School](#). She is an eclectic Pagan, rediscovering Her Visionary Goddess Gifts.

OWM Happenings

May the blessings of the season be yours!!

All of these amazing happenings going on at the Order of the White Moon.
There is much to share this season with you all.....

Seasons of the Moon E-zine news!!

Our gratitude to Adept, Ajna Dreams Awake of the [Sacred Three](#) branch school for all of her efforts in editing Season of the Moon. We also welcome and thank Level IV HP Candidate, Moonwater Ashwood for co-editing for this Edition of Seasons with Ajna. Moonwater Ashwood will be taking on full editing of Seasons, and we truly appreciate her call to service and we look forward to Ajna's next wonderful endeavor.

Initiations and Ordinations

Lady Zephyr from Sisters in Celebration has completed her High Priestess candidacy and is now a High Priestess, Ordained minister in the [Order of the White Moon](#). She will be staying at Sisters in Celebration as an Instructor and plans to begin teaching various short courses, with the first one being Magick.

RedJadeHummingbird and Aisling from Sisters in Celebration have completed Level 2 and are now Adepts in [The Order of the White Moon](#).

Priestess Moonwater Ashwood from Sisters in Celebration has entered into High Priestess candidacy recently.

Priestess Maeve MoonBird from Sisters in Celebration is to enter into High Priestess candidacy shortly.

Board Positions Accepted

High Priestess Wahine has taken on the board position of Treasurer. Congrats to Wahine and many thanks for offering her time, knowledge to this position.

High Priestess Serenity accepted the position of coordinator for the Ruby DeLuna Care Fund. Our deep thanks for Serenity for her caring presence.

High Priestess Etain Feohwynn has accepted the position of VP of Ordinations. Many thanks to Etain and also to High Priestess Danu GrayWolf, former VP of Ordinations for their great ideas and hard work in Level IV, our High Priestess training Level.

High Priestess Diana has accepted nomination and the position as a member of the Ordination Council. Welcome and thank you Diana.

High Priestess Wren has resigned from the Ordination Council in order to attend school at this time. We wish her all the best in her studies.

Events

The OWM Yuletide exchange went phenomenally!! Many thanks to High Priestess Etain, VP of OWM Events for organizing such a glorious event. All who participated truly enjoyed.

Level 4 Announcement concerning tuition:

"Level IV tuition shall be increased from \$50.00 (US Dollars) to \$90.00(US Dollars) to reflect an increase from six weeks to a total of 16 weeks of lessons, internship and instruction. There will be no barter arrangements available for level IV tuition. Students will have the option of paying their tuition in full, or dividing up payments into \$30 increments, the first payment due upon application to Level IV, the second due upon completion of the Lesson portion of Level IV, and the third due upon commencement of the instruction phase of Level IV. This will go into effect January 1, 2010"

Expansion of the Ruby DeLuna Fund

The Ruby DeLuna Fund has been expanded to offer congratulations or sympathy for member births and deaths, as well as to commemorate life events and provide

support and encouragement to all our OWM sisters. This expansion truly encompasses and celebrates the mystical and wondrous life that Ruby DeLuna lived, while also honoring her mournful passing.

Information

Please visit our informational website to find out more about us.

<http://www.orderwhitemoon.org/informational.html>

Imbolc Invocation to Brigid

*Brigid,
Oh exalted one,
We tend your flame today.
With your blessings
May this spark spread
Your light across the land
Once more, heralding the
Beginning of the end of winter.
How we miss your warmth
Beloved Lady,
We beseech you,
Oh fiery arrow,
Come amongst us once again.
Melt away the ice and snow,
And let the buds burst forth*

*To herald the presence
Of the beloved Lady of the Celts.
May your blessings be upon us
And upon the land,
On Imbolc and always.
Blessed Be.*

© Moonwater Ashwood, February 2 2008

Moonwater Ashwood is a High Priestess Candidate and Hearth Priestess with Sisters in Celebration. She loves to write, garden, and go to gem & crystal shows.

Spell For Brightness

*'Round I go and deep within,
Searching, dreaming, all I've been,
All I am and will to be,
All I reach for, strong and free,
Rising now, my Spirit gleaming,
Sunshine warmth and joyous dreaming,
Body sleek in Her bright gaze,
Turning now to brighter days.*

(Chant over and over, until you are ready to face all your challenges with courage, joy and determination)

© Kerritwyn, January 2010

[The Sacred Three Goddess School](#)

HP Kerritwyn offers OWM teachings to women in [The Sacred Three Goddess School](#), and to male-to-female transgendered seekers in the [Order of the Rainbow Moon](#). She was elected by her sister HPs on July 23, 2009 to be the President of the Board of Directors and the Spiritual Head of the [Order of the White Moon](#).

Invocation to Brighid

*Oh Brighid,
Source of healing,
Soul's forge,
Inspiration to our hearts.
Be with us now.*

© Aisling

Aisling is an Adept of the [Order of the White Moon](#) and is currently studying with Sisters in Celebration. An Urban Witch and Goddess Spiritualist, she also walks the Path of Healing focusing on Herbalism, Shamanism, and Reiki.

Imbolc Tale: The Wolf Moon

Many many Moons ago, one winter's night, the Cherokees were sitting inside the

big tepee where the fire's heat warmed all. It was late in the cold season, snow blanketed the ground, and the food supply was running low. The Clan gathered around the fire to talk to Chief Adahy (He Who Lives in the Woods) Their hunters had been going out farther and farther every day returning with barely enough to feed the clan. There had been no site of the buffalo and very few deer were seen. The dried and preserved summer's bounty was also desperately low.

The Chief glanced to each one there knowing they were looking to him to solve this situation. There had been seasons in the past where the food supply had gotten low but never like this, this long. He knew he needed to meditate, a trance to seek knowledge from the Great Spirit. Before he could go into his trance, there came a great howling of many wolves. The Clan were scared but excited also. They were afraid of being attacked knowing the wolves must be hungry also but some were thinking of killing the wolves for food. They stepped out into the cold dark night, constant freezing wind and saw they were surrounded by a pack of wolves. One hunter jerked his bow up and drew back an arrow prepared to kill one of the wolves. The Old Chief stopped him and told him to go get a chunk of meat. The Clan was angry at the Chief Adahy for giving of their precious little food to an animal.

Taking the meat, the Chief Adahy threw it to the wolves, one which had inched closer to the Clan. Chief Adahy told everyone to make no sudden movements but ease back into the tepee. The fire would protect them. Once inside, Chief Adahy chastised his clan telling them of the wolf's fierce loyalty, what a great hunter he is, wise and spirit guide to many of their ancestors. He would hear no more of killing of the wolves.

He then announced he was going to seek help from the Great Ones by asking for advice. When he started his trance, some started a low drumming, others humming

softly. After entering the Other world, Chief Adahy met with the Corn Goddess. He told Her of their plight and asked her for help feeding his people. The Goddess told him to heed the Old Moon. He would get help for his people for they were Her people too. He thanked and blessed The Corn Goddess. Upon coming out of his trance, he told his clan what the Corn Goddess had said to him. Heed the Old Moon. Not understanding what that meant, they would watch the Moon for signs.

The Moon was in her waxing phase now but in 5 days' time She would be Full again, casting her silvery light down upon his tribe. Someone was standing guard all night watching the Moon since his trance, but nothing had happened. His people were beginning to lose faith. Then came the night of the Full Moon, the bravest warrior there stood guard that night watching closely for any signs from the Great Spirit. Sometime near the darkest hour, his eyes grew heavy with sleep and he drifted off. Upon awakening, he jumped to his feet for before him lay a big buck, enough to feed his whole tribe. He ran shouting awakening the whole clan. They all came running and looked at the deer, mystified as how it had got there and they saw where its throat had been ripped making a clean kill...They said blessings over it and prepared it for their meals.

This happened again the next night and on the third night of the Full Moon, they heard the howling of the wolves again and stepped outside the tent. Amazed, for in front of them lay another dead animal. The whole tribe looked around and saw the wolves surrounding them again. This time though the lone wolf who had been given that chunk of meat by the old Chieftain inched forward and bowed down on her front forelegs. Then tossing her head up in the air she let out a howl that starting the others into singing the song of the wolves.

Chief Adahy made a blessing sign and thanked the wolves his animal kin. He knew what the Corn Goddess had meant now. The old moon was gone and a new one

had started and from then on out at mid-winters time they referred to the Moon as the Wolf Moon having been saved by the wolves. They had a great celebration each year at this time of the Wolf Moon, sharing their food with their brethren, the Wolves, giving thanks for what they had received.

© Lady Zephyr 1/25/2010

Lady Zephyr is a High Priestess and Ordained Minister with Sisters in Celebration. She is also a member of the Tupelo Area Pagan's Group.

Immunita Recipe

There are many varieties of a good tea for cold season. Most recipes include honey and lemon. I like to include astragalus, ginger, green tea and lemon balm along with my honey and lemon. You can change the make-up of the tea and include warming spices like cinnamon, cloves, and a pinch of allspice. Here is my version:

Ingredients:

Two Tablespoons of Astragalus

One Tablespoon of Ginger (I like to use fresh slices, but dried can be used)

A few slices of fresh organic lemon peel.

If you want to use spices such as cinnamon, cloves, and allspice you can add it here - remember to use sparingly, about 1/8 of a teaspoon each - a little can go a long way.

One quart of water

Simmer 20 minutes, covered

Turn off the heat and add one tablespoon of Lemon Balm and two or three teabags of green tea, allowing to sit another 20 minutes. If you feel the green tea will be too bitter sitting for 20 minutes you can make it separately allowing it to steep for 2-3 minutes then add it to the rest of the tea. Add honey to taste and if you like it more "lemony" you can add a slice of lemon to your cup. This can keep in the refrigerator for 24 hours, just heat it up before drinking it. Remember that this tea might make you perspire, which is fine when you are really ill. It will soothe your throat and coughs too.

© Spiralotus

Spiralotus is High Priestess with the [Order of the White Moon](#). As a Reiki Master and Herbalist, she trains women in the healing arts.

Imbolc Lemon/Poppyseed Cake

Ingredients:

1 3/4 cups self-rising flour
3/4 milk
2/3 cup sugar
1/4 cup canola oil
2 tbs. poppyseeds
1 tbs. grated lemon peel
2 tbs. lemon juice
powdered sugar

Preheat oven to 350 degrees. Mix flour, sugar and poppyseeds together then blend in the rest of the ingredients except for the powdered sugar. Pour in an ungreased

or Pam sprayed 9x9x2 pan. Bake for 35-40 minutes or until toothpick comes out clean.

Cool on rack. Then sprinkle powdered sugar on top.

© Lady Zephyr

Lady Zephyr is a High Priestess and Ordained Minister with Sisters in Celebration. She is also a member of the Tupelo Area Pagan's Group.

The Chronicles of Nessa

February saunters in, bringing with this thoughts of love. Speaking of love, I had the opportunity to read an article in my local newspaper that printed an excerpt of a couple's vows. They read: "I promise to honor your life's choices, comfort you in sorrow, celebrate in your joy and support your endeavors. Whatever the world brings, I take you as my partner."

I really think that is how it should be and you know..... in those words, I would gladly vow the same to one and all.

© Nessa CrescentMoon, January 2010

Nessa CrescentMoon is a High Priestess in the [Order of the White Moon](#), a Co-director with Sisters in Celebration and also.....a Shaman of Sunshine, Full Love

Alchemist, Catalyst for Joy, Princess O' Peace, Empress of Ecstasy & a Mermaid in the Sea of Love.